

RESEARCH ARTICLE



## Exploration of extracellular vesicles from *Ascaris suum* provides evidence of parasite–host cross talk

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### ABSTRACT

The prevalent porcine helminth, *Ascaris suum*, compromises pig health and reduces farm productivity worldwide. The closely related human parasite, *A. lumbricoides*, infects more than 800 million people representing a disease burden of 1.31 million disability-adjusted life years. The infections are often chronic in nature, and the parasites have a profound ability to modulate their hosts' immune responses. This study provides the first in-depth characterisation of extracellular vesicles (EVs) from different developmental stages and body parts of *A. suum* and proposes the role of these vesicles in the host–parasite interplay. The release of EVs from the third- (L3) and fourth-stage (L4) larvae and adults was demonstrated by transmission electron microscopy (TEM), and sequencing of EV-derived RNA identified a number of microRNAs (miRNAs) and transcripts of potential host immune targets, such as IL-13, IL-25 and IL-33, were identified. Furthermore, proteomics of EVs identified several proteins with immunomodulatory properties and other proteins previously shown to be associated with parasite EVs. Taken together, these results suggest that *A. suum* EVs and their cargo may play a role in host–parasite interactions. This knowledge may pave the way to novel strategies for helminth infection control and knowledge of their immune modulatory potential.

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## Introduction

The large roundworm, *Ascaris suum*, is one of the most important and prevalent parasitic nematodes of pigs. Although mostly subclinical, infections are associated with production losses due to impaired nutrient utilisation and reduced weight gain, but pigs may also be affected by a high worm burden [1]. In addition, *A. suum* infection may increase the pathogenicity of bacterial co-infections and compromise vaccine efficacy [2]. *A. lumbricoides* is highly prevalent in humans and 819 million people are estimated to be infected [3]. Due to the high genetic relatedness between *A. suum* and *A. lumbricoides* and the pronounced similarities in host physiology, *A. suum*

infections in pigs can be used as model system for studying *A. lumbricoides* infections in humans [4].

Helminths, including *Ascaris* spp., induce a Th2-type immune response in their host, characterized by an increased production of eosinophils as well as an elevated secretion of IL-4 and IL-13 by T helper cells [5], and IL-25 and IL-33 by intestinal epithelial cells [6]. An increased level of IL-10 has also been observed in the intestine, where it acts as regulator of inflammation [7]. In addition, a strong suppression of both Th1 and Th17 immune function is a typical outcome of helminth infections [8] and T cell function is impaired in mice by *A. suum* products [9]. Dendritic cells (DCs) play an important role in the initiation of immune

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 Supplementary data for this article can be accessed here

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